

Join the Great American Smoke Out

NOVEMBER 20, 2008



**Make This
Your Day
to Quit**

For Quit Tips and Support
contact the American Cancer
Society at 800-ACS-2345 or visit
www.americansmokeout.org

CIGNA Healthy Rewards® has
three programs to help you quit:

- Healthy Roads for Living Tobacco Cessation
- QuitNet®
- Tobacco Solutions™

Find out more at myCIGNA.com



Workplace Partners
for wellness & good health

"CIGNA," "CIGNA HealthCare" and the "Tree of Life" logo are registered service marks of CIGNA Intellectual Property, Inc., licensed for use by CIGNA Corporation and its operating subsidiaries. All products and services are provided exclusively by such operating subsidiaries and not by CIGNA Corporation. Such operating subsidiaries include Connecticut General Life Insurance Company, Tel-Drug, Inc. and its affiliates, CIGNA Behavioral Health, Inc., Intracorp, and HMO or service company subsidiaries of CIGNA Health Corporation and CIGNA Dental Health, Inc. In Arizona, HMO plans are offered by CIGNA HealthCare of Arizona, Inc. In California, HMO plans are offered by CIGNA HealthCare of California, Inc. and Great-West Healthcare of California, Inc. In Connecticut, HMO plans are offered by CIGNA HealthCare of Connecticut, Inc. In Virginia, HMO plans are offered by CIGNA HealthCare Mid-Atlantic, Inc. In North Carolina, HMO plans are offered by CIGNA HealthCare of North Carolina, Inc. All other medical plans in these states are insured or administered by Connecticut General Life Insurance Company.

593517c 06/08 © 2008 CIGNA